

OCTOBER 2018

"<u>THE BEST FOR WOMEN</u>" WEBPAGE - soroptimistriveside.org FACEBOOK - Soroptimist Riverside CA

CLUB #114315

SOROPTIMIST VISION

Women and girls have the resources and opportunities to reach their full potential and live their dreams.

SOROPTIMIST MISSION

Soroptimist transforms the lives and status of women and girls through education, empowerment and enabling opportunities.

SOROPTIMIST CORE VALUES

Soroptimist International of the Americas is committed to:

- <u>GENDER EQUALITY</u>: Women and girls live free from discrimination
- <u>EMPOWERMENT</u>: Women and girls are free to act in their own best interest.
- <u>EDUCATION</u>: Women and girls deserve to lead full and productive lives through access to education.
- <u>DIVERSITY & FELLOWSHIP</u>: Women from varied backgrounds and perspectives work together to improve the lives of women and girls.

2018-19 BOARD OF DIRECTORS

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PRESIDENT'S MESSAGE



Vicki Hightower 2018-19 SIR President

"An average person with average talents and ambition and average education, can outstrip the most brilliant genius in our society, if that person has clear, focused goals."

-Mary Kay Ash

As you know, Soroptimist International of Riverside is an important part of an international organization. SI Riverside is a member of one of four international federations, Soroptimist International of the Americas (SIA), which will celebrate its 100th anniversary in 2021. In recognition and celebration of this amazing anniversary, in 2012 SIA set forth the "Big Goal" for the federation: "Invest in the dreams of half a million women and girls through access to education."

Imagine that our efforts and the wonderful work we do here in Riverside will be a component in impacting the lives of half a women and million girls throughout our country! When I think about being part of such an enormous influence on the lives of women and girls, I am truly inspired and motivated to do whatever is needed to accomplish this goal.

Even more important to me is that the impact we make in providing access to education is permanent. No matter what happens in the lives of the women and girls we empower, no one can ever take away their education.

Through the efforts of local clubs such as SI Riverside, SIA is well along in accomplishing the "Big Goal:"

- The number of women empowered by Live Your Dream Awards has increased by 20%
- Funding given to women has increased by 29%
- Dream It, Be It programs have empowered 20,000 girls in just 2 years
- LiveYourDream.org has attracted 100,000 supporters

We have three more years to work on accomplishing the "Big Goal" and I am confident that SI Riverside will continue our important work which ultimately will contribute to the "Big Goal."

Thank you all for the generosity, tenacity, hard work and talent you continuously contribute to reaching the goals of Soroptimist.

> Vicki Hightower 2018-19 SIR President



OCTOBER 2018



- 2 <u>BOARD MEETING</u> 12:00 PM, First United Methodist Church, 4845 Brockton Ave, Riverside
- 3 <u>SOROPTIMIST</u> <u>INTERNATIONAL CLUB</u> FRIENDSHIP DAY
- 5-6 *DISTRICT 1 FALL MEETING* Hosted by SI Riverside Calvary Presbyterian Church Riverside
- 9 <u>BUSINESS MEETING</u> 12:00 PM, First United Methodist Church, 4845 Brockton Ave, Riverside
- 11 INTERNATIONAL DAY OF THE GIRL CHILD
- 15 <u>INTERNATIONAL DAY OF</u> <u>RURAL WOMEN</u>
- 17 INTERNATIONAL DAY FOR THE ERADICATION OF POVERTY

- 23 <u>PROGRAM MEETING</u> 12:00 PM, First United Methodist Church, 4845 Brockton Ave, Riverside
- 24 UNITED NATIONS DAY

NOVEMBER 2018



- <u>BOARD MEETING</u>
 12:00 PM, First United
 Methodist Church, 4845
 Brockton Ave, Riverside
- 9 WORLD FREEDOM DAY
- 13 <u>BUSINESS MEETING</u> 12:00 PM, First United Methodist Church, 4845 Brockton Ave, Riverside
- 25 <u>INTERNATIONAL DAY FOR</u> <u>THE ELIMINATION OF</u> <u>VIOLENCE AGAINST</u> <u>WOMEN</u>
- 27 <u>PROGRAM MEETING</u> 12:00 PM, First United Methodist Church, 4845 Brockton Ave, Riverside

DATES TO REMEMBER



February 7, 2019 <u>VALENTINE DESSERT AUCTION</u> Victoria Country Club Riverside

March 16, 2019 <u>LIVE YOUR DREAM - DREAM IT</u> <u>BE IT CONFERENCE</u> Riverside Community College

> June 6-8. 2019 <u>GOLDEN WEST REGION</u> <u>SPRING CONFERENCE</u> Pala Casino Spa Resort Pala, California

July 18-21, 2019 <u>SOROPTIMIST INTERNATIONAL</u> <u>CONVENTION</u> Kuala Lumpur, Malaysia 2020 <u>SOROPTIMIST INTERNATIONAL</u> <u>OF THE AMERICAS BIENNIAL</u> <u>CONVENTION</u> Bellevue, Washington

2021 <u>SOROPTIMIST INTERNATIONAL</u> <u>CONVENTION - 100TH</u> <u>ANNIVERSARY</u> San Francisco, California



International Soroptimist of Riverside, a club in District 1 of the Golden West Region of Soroptimist International of the Americas, meets on the 2nd and 4th Tuesdays of each month at the First United Methodist Church, 4845 Brockton Avenue, Riverside, from noon until approximately 1:15 PM. Please arrive a little early so that we may begin promptly at noon. The 2nd Tuesday is a Business Meeting and the 4th Tuesday is a Program Meeting. Lunches are approximately \$16/each and can be paid on a yearly, quarterly or per meeting basis. For questions, please contact the SI Riverside Assistant Treasurer.

OCTOBER 3, 2018 SOROPTIMIST INTERNATIONAL CLUB FRIENDSHIP DAY



Soroptimist International Friendship Day is celebrated on October 3rd each year and is a revered occasion for friends all over the world. On Club Friendship Day Soroptimist International celebrates the day in 1921 that the very first Soroptimist club was established in Oakland, California.

Together, across continents and cultures, Soroptimists transform the lives of women and girls in need through local and international projects, friendship links with other clubs and partnerships with local organizations that support the same vision as Soroptimist International.

The best way to celebrate Friendship Day and get the members involved would be to spend the day in a way your friendship link enjoys the most.

Friendship is the underlying factor of all linking of clubs. Friendship links are not merely to exchange greetings and information but to celebrate in a meaningful way. Clubs may look beyond their sphere of program action and share things from their communities.

No celebration is complete without fun and food. Members could do research on the local cuisine of their link club and organize a cooking competition to mark the special day. Another innovative idea is to memorize the names of the members of their link club and play "Memory Game" or a quiz to learn more about the city of the link club.

A talk on the local craft, how and why a local festival is celebrated and a current social issue could also be the topics for discussion. This, too, is awareness about each other's cultures and about breaking cultural barriers.

Through these activities one can hope for a better understanding between the two linked clubs to strengthen the bonds of friendship.

Friendship links are encouraged to work in partnership and share

ideas by organizing joint projects. This Friendship Day nothing could be better than sowing the seeds for a better tomorrow. It could be an action packed day by organizing a major fund raising drive for a common goal or set the ball rolling for a new joint project.

Friendship Day is a reminder that women of linked clubs together can strengthen their service projects, together they can reach out to women and girls in their communities and together they can foster the culture of peace.

So go ahead and have a fabulous and over-the-top Friendship Day celebration!

SOROPTIMIST INTERNATIONAL



WHERE WE STAND HUMAN TRAFFICKING

Soroptimist International recognizes that human trafficking and modern day slavery violates and impairs the enjoyment of human rights and fundamental freedoms and continues to pose a serious challenge to humanity. Human trafficking is defined by the United Nations as "the recruitment, transport, transfer, harboring or receipt of a person by such means as threat or use of force or other forms of coercion, of abduction, of fraud or deception for the purpose of exploitation." Women and girls are particularly vulnerable to trafficking and complex circumstances also mean that a

disproportionate number of perpetrators are women.

SOROPTIMIST INTERNATIONAL URGES GOVERNMENTS TO:

- immediate Take action to ratify and effectively implement the UN Convention Against Transnational Organized Crime and the Protocol to Prevent, Suppress and Punish Trafficking in Persons, Especially Women and Children, as well as any regional agreements on trafficking or enslavement.
- Strengthen bilateral, regional and international cooperation by consolidating existing mechanisms and developing new initiatives.
- Ensure that trafficking in all its forms, including but not limited to any attempts, participation or acts involving the organization of such an entity, are criminalized in line with internationally agreed standards and model laws.
- Establish, enforce, strengthen and monitor effective measures for the successful prosecutions of human traffickers and slave owners.
- Identify and strengthen measures to alleviate the factors which render women and girls more vulnerable to trafficking and exploitation including poverty, lack of education and lack of opportunity.
- Adopt a human rights based approach to ensure that anti-trafficking measures do not adversely affect the rights of women and girls who have been trafficked, particularly their rights to freedom of movement and to uphold women's rights to live free from violence.

- Seek to implement proactive systematic victim identification strategies designed to fit a wide range of settings and circumstances.
- Provide formal antitrafficking training for law enforcement, prosecutors, the judiciary, first responders and other government officials.

SOROPTIMIST INTERNATIONAL WILL CONTINUE TO:

- Endorse the three-fold approach taken by the international community: prevention of trafficking in persons, protection of victim/survivors of trafficking, and prosecution of trafficking offenders.
- Support the provision of physical, psychological, economic and social assistance to such victim/survivors.
- Assist the review and revision of domestic legislation concerning the assistance and protection of such victim/survivors.
- Advocate for the participation of victim/survivors of human devising, trafficking in enforcing or strengthening and specific measures policies or programs to prevent, combat and eliminate all forms of trafficking in persons.

SOROPTIMIST INTERNATIONAL:

- Educates women and girls about human trafficking to assist in prevention efforts.
- Empowers victim/survivors to rebuild their lives, and, where possible, to become advocates working to end all forms of modern day slavery.

 Enables increased victim identification in both visible and hidden settings through widespread community awareness campaigns.

OCTOBER 5-6, 2018 GOLDEN WEST REGION DISTRICT 1 FALL MEETING



GOLDEN WEST REGION DISTRICT 1 FALL MEETING

"SOROPTIMISTS ARE THE KEY"

HOSTED BY SI RIVERSIDE

If you have not yet signed up for a job at Fall Meeting, please e-mail Janet Payton immediately at:

janshafermom@aol.com

Or call Janet at:

(951) 830-6431

There is still time to sign up.

Much preparation has been put into making this a great experience for all. Consider bringing a friend. They are sure to learn a lot about Soroptimist. We will be hosting a Continental Breakfast for all attendees. First Time attendees will be asked to sit with Governor Lori Reed from 8:15 AM until 8:55 AM.

If you have not been assigned a job please jump in and help where you can:

Friday Greeters at the Mission Inn Janet Payton - Vicki Hightower

Friday Greeters at the Tamale Factory Ellen Clizbe - All members

<u>Saturday</u> Room Set Up Pam Bradford - Tillie Soliz Annamarie Megrdichian (Centerpieces)

Breakfast Bar Set Up Jeanne Holmes

Registration Edith Gingerich - Janet Payton

Lunch Line Helpers to **Release Tables and Direct** Attendees to the Food Line Melody Hendrickson Amy McKenzie

Sales Table JoAnn Moore - Lynn Scecina

> Time Keeper Judy Pekarek

Clean Up Carolyn Kegarice - Janet Payton All members who can stay and help

Please see the "Call to Fall Meeting" for the complete schedule of events, addresses and directions to all of the activities:

www.goldenwestregion.org

Click on District 1 Call to Fall Meeting

Wear your new blue Soroptimist shirt so we can be identified as the host club. If you don't have a club shirt, please wear a navy blue top. Also don't forget your name tag and Soroptimist pin.

This will be a fun and informative event.

THANK YOU IN ADVANCE TO ALL OF MY HELPERS!

Janet Payton Fall Meeting Chair

FEBRUARY 7, 2019 VALENTINE DESSERT AUCTION



Hold the Dorte!

February 7, 2019

Valentine Dessert Auction and Bottle of the Bockers Victorio Country

Club

MARCH 16, 2019 LIVE YOUR DREAM -DREAM IT, BE IT CONFERENCE





Our Live Your Dream "Dream It, Be It" Conference will be held on Saturday, March 16, 2019, at Riverside Community College.

The conference will start at 8:30 AM and end at 3:00 PM.

All Soroptimist members should make every attempt to attend and everyone will have a job.

The LYD Planning Committee has held their first meeting and is plans on another making wonderful conference in 2019!

> Jeanne Hatcher LYD Chair

INSPIRE LIFE SKILLS TRAINING



Inspire Life Skills Training, Inc. mentors and trains former foster and homeless youth to become self-sufficient, responsible adults and to make positive life choices through the pursuit of higher education.

The young men and women in Inspire are provided with housing while they pursue an education and work part-time. Soroptimist International of Riverside has supported the Inspire house located on Luther in Riverside, by

providing the four residents and one resident assistant with hot meals, treats, gifts, groceries and supplies and anything else that comes to mind.

Inspire held its 13th annual "Make a Difference" dinner and fundraiser on September 8, 2018. SI Riverside donated a "Family Day Out" basket that was a huge success and went for around \$375.



SI Riverside's "Family Day Out" Basket

This was Inspire's best event ever. There were 330 attendees at the Riverside Convention Center, where they celebrated the growth of the Inspire students and the new programs that have been added.



Inspire Residents

Director Kristi Camplin spoke about how students are learning how to make positive choices, rather than staying stuck in the patterns from their past. She shared a specific story of one of the young female residents who came out of a domestic violence situation and completed a course through the United Way that helped her recognize and deal with the deep emotional toll that these patterns have had on her self-worth and personal choices. She is now enrolled in a Pharmaceutical Tech program and is thriving.

For the next 6 months, Inspire's Life Skills classes will focus on trauma and personal growth. The team leading the classes are doing a great job of building trust with the students and are encouraging them as future leaders and so far the students are responding positively to the program.



Luther House Residents

If you would like to contribute directly to the residents at Luther house, they are always in need of everyday items such as cleaning supplies, paper goods (paper towels, toilet paper), personal hygiene items and fresh fruit and vegetables.

The residents are very busy with school and work, so please call the Resident Assistant Breana at (303) 501-0312 and she will coordinate with you to make sure someone is home to accept your donation.

Vicki Hightower Inspire Project Chair



SI RIVERSIDE'S HISTORY





Members from Soroptimist International Riverside of attended the Golden West Region Spring Conference on May 31-June 2, 2012, at Bally's Hotel & Casino in Las Vegas, Nevada. The theme of "Viva the conference was Soroptimist."

Conference Highlights: The new SI Presidents Appeal, Birthing in the Pacific, was announced. The President of Soroptimist International, Alice Wells, spoke about travelling with the SI delegation to the 56th Session of the Commission on the Status of Women.

The GWR budget will now be on a yearly basis instead of two years. GWR Treasurer Sandi Cvercko suggested that clubs should have at least one year's operating funds in reserve.

Two GWR Friendship Grant Recipients from Lithuania were introduced and gave a presentation on their country. SI Riverside was presented with a \$5,000 Club Grant from Soroptimist International of the Americas for our Live Your Dream Conference.

SOLT Soroptimist Orientation and Leadership Training



Leadership Tip: Communication is the Key

Now more than ever, it is essential to have good communication skills. Not only are we interacting with our friends, family and club members in person and on the phone but we are also utilizing email, text and even video chat. Add in the number of social media options to connect and share information and we're getting into double digits. The number of avenues available to communicate seems to have grown exponentially in recent years. Therefore, it is important that we effectively communicate.

Everyone can benefit by honing their communication skills. Take time to improve your own by checking out the following tips. By putting them into practice, you may find yourself being a more effective, inspirational and motivational leader.

LISTEN

Take time to listen to each other. Remember that hearing and listening are different. Fight the urge to interrupt people and let them speak their opinions and thoughts. Be present in conversations, remove outside distractions and ask questions. Great club leaders talk with their members, not at them.

PAY ATTENTION TO BODY LANGUAGE

Sometimes, actions speak louder than words. If you cross your arms or have a scowl on your face, you could be sending the wrong message. Being in an international organization, we must be aware and sensitive to other cultures and customs.

GET TO THE POINT

Your audience will be most appreciative if you keep your message brief and simple. One study shows the attention span of humans is just eight seconds, shorter than that of a goldfish! Keep your messages specific and provide just the right amount of information.

TAKE NOTES

In today's hectic world, it can be helpful to simply put pen to paper. Taking notes can help you organize your thoughts and make certain you hit upon the high level points you want to make sure you get across. Additionally, you may want to jot down comments or questions from members so you can ensure you respond appropriately.

CHOOSE YOUR METHOD

We can communicate in a variety of ways such as calling, texting, emailing and face-to-face. Decide the best mode of communication depending on what you are delivering. Sometimes an email may seem impersonal or a text can be read as being too terse. Use your best judgment depending on the situation.

HAVE A GOOD ATTITUDE

Simply smiling and being positive goes a long way. Your behavior acts like a mirror and those in your presence will reflect that back to you. By having a positive attitude, people will want to be in your company and will pay more attention when you speak.

PRACTICE EMPATHY

Turn the tables and try to understand the point of view of others. Think about what you are saying from your audience's perspective. Dale Carnegie, the author of How to Win Friends and Influence People said, "The only way on earth to influence other people is to talk about what they want and show them how to get it."

By having strong communications, your message will be clear and misunderstandings will be greatly minimized. As an added bonus, you will be viewed with respect and seen as a more successful leader. Try out the above tips to have better conversations and get your ideas across within your club. You'll find that relationship with members are enhanced and accomplishing our mission will be that much easier.

> Article taken from the SIA webpage: www.soroptimist.org



OCTOBER BIRTHDAYS



Charlene Hildebrandt October 26th

SEPTEMBER CLUB MEMBERSHIP ANNIVERSARIES



Carol Allain Speer 10-16-2015

Edith Gingerich 10-16-2015

MEMBER MOMENTS ON FACEBOOK





<u>Louise Borda</u> is at Joshua Tree National Park: "Me and Pete's nephew."



<u>Pam Bradford</u> posted: "Went to California Adventure for my grandson Braden's 6th birthday. Had a blast exploring the Halloween themed park with my son Jeremy, daughter-in-law Jenn and Braden. Big brother Wes couldn't join us because he had to work that day. We opened and closed the park and had a magnificent time."



<u>Jana Cook</u> is with Karon De Leon: "Hendricks Martini in Little Italy in San Francisco."



<u>Susan Exon</u> was tagged in a memory from one year ago by Amy Baker.



<u>Debbie Ferraro</u> posted: "My beautiful, smart, amazing, loving daughters. I love you (and your brother) so very much. I have been incredibly blessed to be your Mom!" #NationalDaughtersDay



Edith Gingerich shared a post.



<u>Vicki Hightower</u> posted: "Lots of orange. Do you think they're all felons?"



<u>Charlene Hildebrandt</u> shared a memory from one year ago: "Lolita (aka Floppy). She is the biggest sweetheart and cuddle bug. She loves her family so much and will defend and protect us with all she has. Always there for you when you are sad or sick. We are not a family without her."



<u>Amy McKenzie</u> posted: "So, I missed National Daughter Day but that is OK because not a day passes me by that I am not

grateful for my beautiful, smart, strong and kind hearted daughter! I am not sure how we got so lucky to have such a fabulous young lady to call our daughter!"



<u>Annamarie Megridichain</u> was tagged in a post by Carmen DeCoursey: "When in Riverside we have to stop by our famous friend Annamarie Megrdichian's Nothing Bundt Cakes shop to pick up some amazing goodies. Never disappoints!"



Kathy Michalak was tagged in a memory from two years ago by Sandy Austell: "Great trip with Kathy!"



<u>Michelle Paradise</u> posted: "Girls day at Glen Ivy Hot Springs."



<u>Kathleen Parra</u> posted: "Paddle board fun, fed fish, wonderful days. Peace."

I am a Soroptimist because I believe that we need more examples of women working together to make a difference #whysoroptimist

Janet Payton shared a post.



Judy Pekarek shared a post.



Linda Robertson posted: "Another fun evening celebrating the wonderful Sandy Toro's birthday at California Pizza Kitchen. Thank you Julie for making the delicious birthday cake. Good times with good friends."



<u>Lynn Scecina</u> shared a link: higherperspectives.com "New research says that singing daily reduces stress, clears sinuses and helps you live longer."



<u>Carol Allain Speer</u> was tagged in a photo by Kathy Nguyen.



Debbie Sullivan shared a photo.



<u>Lisa Williams</u> posted: "Happiest 97th Birthday to my Dad! Love You!"



<u>Susan Wolf</u> posted: "Happy hour. One down, two to go."

OTHER MEMBER MOMENTS



<u>Susan Wolf</u> and <u>Charlene</u> <u>Johnson</u> volunteered at the 46th Annual Military Appreciation Picnic at March Air Reserve Base in Moreno Valley on Saturday, September 8, 2018.





<u>SOROPTIMIST</u> INTERNATIONAL OF <u>RIVERSIDE</u>

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SOROPTIMIST INTERNATIONAL

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SOROPTIMIST PLEDGE



I pledge allegiance to Soroptimist and to The ideals for which it stands: The Sincerity of Friendship, The Joy of Achievement, The Dignity of Service, The Integrity of Profession, The Love of Country. I will put forth my greatest effort to promote, uphold, and defend these ideals, for a larger fellowship in home, in society, in business, for country and for God.

RIVERSIDELINES



EDITOR Pam Bradford

DEADLINE Submit articles and photos by the 25th of each month to Pam at: pambradford@pamsemail.net

REMARKABLE WOMEN BORN IN SEPTEMBER



October I, 1893 Faith Baldwin Novelist



October 2, 1895 Ruth Cheney Streeter Marine Corps Lt. Colonel



October 5, 1888 Lucy Tayiah Eads Native American Tribal Chief



October 6, 1897 Florence B. Seibert Biochemist



October II, 1888 Harriet Boyd Hawes Archaeologist



October 15, 1917 Marion Donovan Inventor of the First Waterproof Disposable Diaper



October 16, 1831 Lucy Stanton Abolitionist



October 19, 1850 Annie Smith Peck Mountaineer



October 21, 1929 Ursula LeGuin Science Fiction Writer



October 23, 1905 Gertrude Ederle Olympic Swimmer



October 25, 1903 Katharine Byron Congresswoman



October 27, 1932 Dolores Moore Baseball Player



October 31, 1860 Juliette Gordon Low Founder of American Girl Scouts