



Soroptimist International of Riverside ~ P. O. Box 1631 ~ Riverside CA 92502

Riversidelines

FEBRUARY 2019

"THE BEST FOR WOMEN"
WEBPAGE - soroptimisttriveside.org
FACEBOOK - Soroptimist Riverside CA

CLUB #114315

SOROPTIMIST VISION

Women and girls have the resources and opportunities to reach their full potential and live their dreams.

SOROPTIMIST MISSION

Soroptimist transforms the lives and status of women and girls through education, empowerment and enabling opportunities.

SOROPTIMIST CORE VALUES

Soroptimist International of the Americas is committed to:

- GENDER EQUALITY: Women and girls live free from discrimination
- EMPOWERMENT: Women and girls are free to act in their own best interest.
- EDUCATION: Women and girls deserve to lead full and productive lives through access to education.
- DIVERSITY & FELLOWSHIP: Women from varied backgrounds and perspectives work together to improve the lives of women and girls.

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PRESIDENT'S MESSAGE



*Vicki Hightower
2018-19 SIR President*

*Start where you are.
Use what you have.
Do what you can.
...Arthur Ashe*

Our program speaker in January, Jane Moore, related her experience of traveling to Africa and seeing the need for safe, quality education for the children of Tanzania, while maintaining and respecting the culture of those children, especially with regard to the Maasai tribe.

Inspired by the above quote by Arthur Ashe, Jane and her husband founded "Pencils and

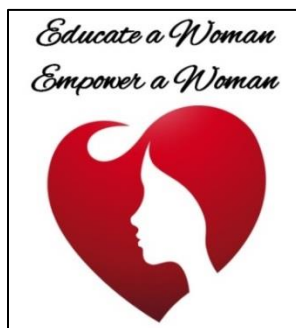
Dreams," a non-profit organization that strives to provide education for students in Tanzania. With their supporters, Jane turned passion and persistence into buildings and support for children who value and have demonstrated the difference education can make in the lives of students, families, and communities.

It is so inspiring to see a woman see a need, and then work to fulfill that need, thus impacting literally hundreds of lives.

Jane's presentation made me reflect on how many lives have been impacted by the efforts of Soroptimist International of Riverside. Think of all the children who went to school with full backpacks, the women who were able to continue their education with our monetary awards and, of course, the hundreds of girls whose outlooks changed after being inspired at our Live Your Dream/Dream It Be It conferences.

The work we do is so important and I am so grateful for the determination of our club to make a difference in the lives of women and girls in our community. Thank you!

Vicki Hightower
2018-19 SIR President



FEBRUARY 2019



- 5 **BOARD MEETING**
12:00 PM, First United Methodist Church, 4845 Brockton Ave, Riverside
- 6 **INTERNATIONAL DAY OF ZERO TOLERANCE FOR FEMALE GENITAL MUTILATION**
- 7 **VALENTINE DESSERT AUCTION AND BATTLE OF THE BAKERS**
Victoria Club, Riverside
- 12 **BUSINESS MEETING**
12:00 PM, First United Methodist Church, 4845 Brockton Ave, Riverside
- 14 **V-DAY - GLOBAL DAY TO END VIOLENCE AGAINST WOMEN**
- 26 **PROGRAM MEETING**
12:00 PM, First United Methodist Church, 4845 Brockton Ave, Riverside

MARCH 2019



- 5 **BOARD MEETING**
12:00 PM, First United Methodist Church, 4845 Brockton Ave, Riverside
- 8 **INTERNATIONAL WOMEN'S DAY**
- 12 **BUSINESS MEETING**
12:00 PM, First United Methodist Church, 4845 Brockton Ave, Riverside

- 16 **LIVE YOUR DREAM - DREAM IT, BE IT CONFERENCE**
Riverside Community College
- 21 **INTERNATIONAL DAY FOR THE ELIMINATION OF RACIAL DISCRIMINATION**
- 26 **PROGRAM MEETING**
12:00 PM, First United Methodist Church, 4845 Brockton Ave, Riverside

DATES TO REMEMBER



March 16, 2019
LIVE YOUR DREAM - DREAM IT BE IT CONFERENCE
Riverside Community College

April 23, 2019
SALUTE TO SERVICE AWARDS

June 7-9, 2019
GOLDEN WEST REGION SPRING CONFERENCE
Pala Casino & Resort
Pala, California

August 2-3, 2019
GOLDEN WEST REGION LEADERSHIP TRAINING RETREAT
Phoenix, Arizona

August 21-September 1, 2019
GOLDEN WEST REGION "NAVIGATE TO EDUCATE" ALASKAN CRUISE
Princess Cruise Line

SOROPTIMIST INTERNATIONAL CONVENTION
Kuala Lumpur, Malaysia
2020

SOROPTIMIST INTERNATIONAL OF THE AMERICAS BIENNIAL CONVENTION
Bellevue, Washington
2021

**SOROPTIMIST INTERNATIONAL
CONVENTION
100TH ANNIVERSARY**
San Francisco, California
2021

***FOR YOUR
INFORMATION***

Soroptimist International of Riverside, a club in District 1 of the Golden West Region of Soroptimist International of the Americas, meets on the 2nd and 4th Tuesdays of each month at the First United Methodist Church, 4845 Brockton Avenue, Riverside, from noon until approximately 1:15 PM. Please arrive a little early so that we may begin promptly at noon. The 2nd Tuesday is a Business Meeting and the 4th Tuesday is a Program Meeting. Lunches are approximately \$16/each and can be paid on a yearly, quarterly or per meeting basis. For questions, please contact the SI Riverside Assistant Treasurer.

**FEBRUARY 14, 2019
V-DAY - GLOBAL DAY TO
END VIOLENCE AGAINST
WOMEN**

V DAY
UNTIL THE VIOLENCE STOPS

February 14th marks V-DAY, not Valentine's Day, but a global activist movement to end violence against women and girls started by author, playwright and activist Eve Ensler.

It has been coordinated since 1998, which allows royalty-free performances of The Vagina Monologues to be held for charity on February 14th every year to raise money to benefit

female victims of violence and sexual abuse.

Ensler has been quoted as saying that it was women's reactions to the play that inspired her and her colleagues to launch V-Day.

Since its inception, the movement has expanded its use of art and activism to include screenings and readings, most notably of the documentary "Until The Violence Stops" and the compilation "A Memory, Monologue, A Rant and a Prayer"

V-Day's vision is a world where women live safely and freely. The aim is to tackle issues such as rape and battery of women, incest, female genital mutilation and human trafficking of female sex slaves.

**SOROPTIMIST
INTERNATIONAL
OF THE AMERICAS**

**How
are we
doing?**

By the numbers ...

*From the SIA Progress
Report for 2017-2018*

LIVE YOUR DREAM AWARDS:

- Funding increased by 15%
- 1,595 women's lives were improved
- \$2.4 million in education grants were disbursed
- 100% of the Soroptimist countries participated

***PAST LIVE YOUR DREAM
AWARDS RECIPIENTS REPORT:***

- 80% increased their standard of living
- 93% earned or are continuing to work towards their educational degree or certification
- 94% serve as a role model for their dependents
- 93% have increased self-esteem

***DREAM IT, BE IT: CAREER
SUPPORT FOR GIRLS:***

- 14,547 girls participated
- 19% increase in girls that participated
- \$312,853 was contributed by clubs
- 34,979 volunteer hours

***DREAM IT, BE IT PARTICIPANTS
SAY:***

- 91% are more confident
- 88% feel more prepared
- 88% created achievable goals
- 86% were introduced to professional role models

**FEBRUARY 7, 2019
VALENTINE DESSERT
AUCTION**



**Valentine Dessert
Auction**

and Battle of the Bakers

We're now down to the last few days before our Valentine Dessert Auction and Battle of the Bakers being held on February 7, 2019, at the beautiful Victoria Club in Riverside.

The event starts at 11:30 AM for registration with the auction and lunch starting at 12:00 PM.

Dress Code for SI Riverside members is a red top and black bottom and don't forget to wear your pin and name tag.

Remember that for all attendees there is NO DENIM ALLOWED at Victoria Club so tell everyone to put those blue jeans back in the drawer.

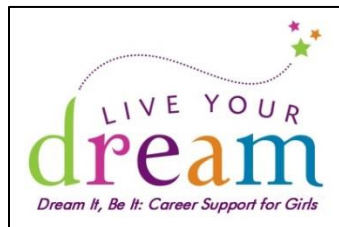
There will be plenty of jobs for all SI Riverside members so please arrive early to help with the set up. Every extra helping hand will make the job go faster.

This year's Valentine Dessert Auction is going to be the best event ever because of all the hard work you have dedicated to this project. Thanks so much!

See you there!

JoAnn Moore
VDA Chair

**MARCH 16, 2019
LIVE YOUR DREAM -
DREAM IT, BE IT
CONFERENCE**



You should have Saturday, March 16, 2019, saved on your

calendar! Don't let anything interfere!

We are going to have another exciting "Live Your Dream - Dream It, Be It" Conference for 150 7th and 8th grade girls from Alvord, Jurupa and Riverside Unified School Districts.

This is our signature event for the year, so you don't want to miss it. Every SI Riverside member will have a job.

Also, remember the funds we raise from the Valentine Dessert Auction help to financially support this conference. We can only do "Live Your Dream - Dream It, Be It" with the support from all members, so thank you in advance.

Jeanne Hatcher
LYD Chair

INSPIRE LIFE SKILLS TRAINING



Here are some of the sad realities that foster youth face:

- On any given day more than 500,000 youth are in some form of foster care across the United States.
- 100,000 foster youth live in California.
- Nationally, each year an estimated 20,000 of these youth emancipate or "age out" of the foster care system, and are discharged into the world, whether or not they are prepared to transition to adulthood.
- 50% of them do so without a place to live and many don't have the skills

necessary to live on their own.

- Youth in foster care are 44% less likely to graduate from high school and after emancipation, 40 - 50 percent never complete high school.
- Girls in foster care are 6 times more likely to give birth before the age of 21 than the general population.
- Over 40% of foster youth are moved 3 or more times and 11% are moved 5 times or more. It takes approximately 4-6 months for a child to recover academically after changing schools.
- Twenty seven percent (27%) of the homeless population spent time in foster care.
- Over 70% of all state penitentiary inmates have spent time in the foster care system.
- Parents with a history of foster care are almost twice as likely as parents with no such history to see their own children placed in foster care or become homeless.
- Without housing, youth are less likely to complete their education, find employment and gain access to health care, all of which jeopardize their ability to make a successful transition to adulthood.

Inspire Life Skills Training, Inc. mentors and trains former foster and homeless youth to become self-sufficient, responsible adults and to make positive life choices through the pursuit of higher education. Similar to the beliefs of Soroptimist International, Inspire believes education is the key to breaking the cycle of

abuse and poverty. Inspire offers youth an opportunity to gain a formal education as well as learn valuable life skills during their time in Inspire's supportive housing program.

Many years ago Soroptimist International of Riverside adopted an Inspire house located in the City of Riverside. To support the former foster women living at the Inspire house and to encourage them to continue on their positive path to education, the club routinely brings gifts, notes of encouragement, hot meals and basic supplies such as paper goods and cleaning supplies. Thank you to the wonderful women of SI Riverside for your continued support of these very worthy women.

Vicki Hightower
Inspire Chair

INSPIRE LIFE SKILLS MEMBER DELIVERIES



In December, SI Riverside member Linda Robertson made a delivery to the girls who reside at the Luther House in Riverside.

Items included a box full of things for the house - toilet paper, napkins, aluminum foil, plastic wrap, dish soap, cleanser and more.

For each of the girls, Linda brought a little gift bag with travel size shampoo, conditioner, soap, etc.

Linda also brought Christmas items for the house including Christmas towels, a door hanger and tree ornaments from the SI Riverside Christmas party. The girls flipped over the white poodle tree ornament.

The girls at Luther House are always in need of paper products (including feminine products), fresh fruit and vegetables and whatever you can think of that would make these young women happy.

SI Riverside members make deliveries at least once a month to the girls at Luther House and if you want to join in on this wonderful project, just check with President Vicki Hightower who will add your name to the delivery assignment sheet.

SI RIVERSIDE BROCHURE UPDATE



Updated SIR Brochure

To Melody Hendrickson, a big "THANK YOU" from all the Updated Brochure Committee members. Melody has done a fantastic job with a first rough design for the updated brochure, incorporating our ideas and staying within SIA parameters.

Because of conflicting schedules, our next meeting will be Wednesday, February 13th. In the meantime, we are working on the dialog to go with the layout. We should finalize it at that meeting.

Then, our very talented Melody will put it together for a more detailed rough layout. After any final changes, additions or corrections are made to it, it will go to be printed by our wonderful Judy Pekarek.

Linda Robertson, Chair
SIR Brochure Update

"FIRST STEP TO YOUR FUTURE" GED PROGRAM



Soroptimist International of Riverside is starting a program to sponsor women in obtaining their GED credentials. The program is called: "First Step to Your Future."

The General Education Development (GED) tests are a group of four subject tests which, when passed, provide certification that the test taker has high school level academic skills. The GED test credential improves an individual's economic opportunities beyond those that are available for women without high school diplomas.

The GED cost is \$35 per subject test. There are 4 tests that must be passed and Riverside Adult School offers free GED prep classes. SI Riverside plans to underwrite the cost of three women obtaining their GED credentials during this club year.

Janet Payton has accepted the chairmanship of the GED program committee and her committee members are Edith Gingerich and Vicki Hightower.

SI RIVERSIDE'S HISTORY



On May 4-6, 1995, seven members of SI Riverside attended the Golden West Region Spring Conference at the Red Lion Inn in Ontario, California.

SI Riverside was six times a winner at this conference and received honors in the following areas:

- Newsletter Hall of Fame Plaque and Starfish Patch
- Second Place in Programs of Service International Goodwill and Understanding for the Genesis Shelter Project
- Most Creative Award in Health Programs of Service for "Oh Christmas Tee" Project
- Regional Newsletter Network Certificate

- Spring Conference Hostess Patch
- Recruitment and Retention Patch.

SOLT Sorooptimist Orientation and Leadership Training



Leadership Tip: Delegating for Success

As a leader, you may feel you need or want to do everything in your club. Most Sorooptimists know this feeling all too well. Along with the club administrative responsibilities, there is the desire to have quality Dream programs, increases in membership, recognition in the community and successful fundraisers. You may think:

"No one else can do it as well as I can."

"I don't like telling others what to do."

"This task is boring so I feel guilty about assigning it to someone else."

"This is not an easy assignment and I don't want it to look like I'm skirting the responsibility."

"It will be quicker if I just do it myself."

Perhaps one (or all) of these thoughts have crossed your mind. Chances are, having a "do it all" attitude has probably caused you to feel like you have too much work, not enough time and lots of stress. But, would you believe it doesn't have to be that way?

What you are about to read may come as a shock to you, so take a deep breath...YOU don't have to do it all! There is a simple solution to this dilemma: delegation!

Organizations and companies exist because their work involves something bigger and more complex than one individual can accomplish. Sorooptimist is no different. Just take a look at our mission: To improve the lives of women and girls through programs leading to social and economic empowerment.

This is no small task! In order to make a difference in the lives of women and girls, it's critical that we work together and each take on tasks within our clubs and regions. Delegating is the most efficient way to accomplish our big goal and serves as a great way to build a strong team.

To start, it's important to identify both tasks and the right people. Evaluate tasks and determine which are appropriate for someone else to take on. Think about a club member whose skill-set matches up with the job at hand. Alternatively, this could be an opportunity for someone to grow and develop their skills by taking on the assigned task. If possible, include members in conversations about the delegation process. They may have an interest in a certain area and will jump at the chance to help out.

Next, consider these steps in order to delegate successfully:

- Have a conversation with the person (or committee) you

want to take on a particular task.

- Clearly state what the task entails, who is responsible for what and your expectations.
- Explain why what they are doing is important. Buy-in occurs more naturally when members can understand the impact they will have.
- Be open to questions and concerns that may arise.
- Once a task is assigned feel free to let go and don't worry about controlling every aspect. This instills confidence and trust in those members taking on the project.
- Establish a timeline and check-ins but be flexible when it's necessary.
- Give others a chance to work through the assignment and make it their own. While you may be the authority on a task, the organization will benefit from them learning on their own.
- Provide feedback and encouragement. Comments that are constructive will help members reach the desired outcomes.
- Say THANK YOU! Recognize members for their help and let them know what they are doing is important no matter how small or large the task.

Use this time management strategy to your advantage. Delegation may not come naturally to you, but if you practice and become more comfortable with it, your confidence will grow. Not only will you be able to focus on your priorities, you'll also be empowering club members to become more engaged and fulfilled with their club experience. When you put your

trust in members by delegating, it helps reinforce their value to the overall organization. It's a win-win situation for everyone!

Article from the SIA webpage:
www.soroptimist.org

FEBRUARY BIRTHDAYS



No Birthdays in February

FEBRUARY CLUB MEMBERSHIP ANNIVERSARIES



Pam Bradford
2-13-1990

Annamarie Megrđichian
2-22-1996

Janet Payton
2-24-2004

Jana Cook
2-25-2015

Vicki Hightower
2-25-2015

MEMBER MOMENTS ON FACEBOOK



Jill Borth posted: "Fun couple of days at the Galippo's cozy cute cabin. Beautiful watching it snow, snow fights and family fun!"



Pam Bradford posted: "Grandson Braden and I played with fizzy tablets and a glass of water. Braden learned that by mixing two colored tablets together, he could make a new color."



Ellen Clizbe posted: "On safari in Nairobi."



Jana Cook posted:
"My view tonight."



Susan Exon posted: "Art Devine with Dan Bergstrom, Virginia Godoy and Jay Thill."



Jeanne Hatcher posted: "Just got home from Starbucks for our morning treats with Mom and Dad."



Vicki Hightower posted:
"Party boat in San Diego."



Charlene Hildebrandt posted:
"We had to say goodbye to our sweet Roxy. We were lucky to have her for so long. Our hearts are broken and our family will never be the same without her. RIP Rox-star."



Paula McCloskey posted:
"Enjoyed having Kenji Sazuki from Sendai, Japan, as our houseguest for the past few days. Kenji is Chairman of the Orange Club in Sendai which supports our Sister City relationship and cultural exchange of more than 60 years. So proud to have been part of Riverside's International Relations Council/Sendai Committee for almost 30 years"



Melanie McKee posted that she is having lunch at Maevery Public House in Lake Bluff, Illinois."



Amy McKenzie posted: "A family museum type of day! At La Brea Tar Pits and Museum."



Annamarie Megrdichian shared a post: "Just following my doctor's orders!"



Michelle Paradise posted:
"Grandson Matthew turned
six today."



Kathleen Parra shared a memory
from one year ago:
"Ahhh...miss Cancun!"



Janet Payton posted: "To all my
Ohio friends and family knee
deep in snow. A little
California sunshine."



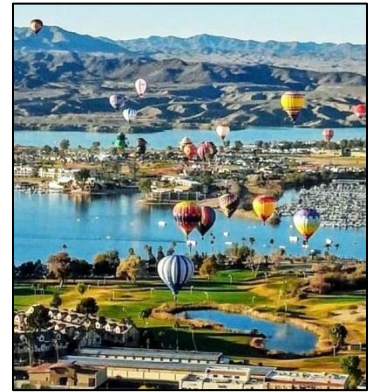
Linda Robertson posted:
"Wonderful 'After Christmas' party
at Sue and John Boyd's lovely
home with the nicest people.
John and Sue are the
host/hostess with the mostest.
Honored to be included."



Lynn Scecina posted: "This is one
way to keep warm since the
carpet was ripped out
to be replaced."



Carol Allain Speer shared a
beautiful photograph taken by
her nephew, Geoff Oddie."



Lisa Williams updated
her cover photo.



Susan Wolf posted: "Posted this
five years ago for Chris Wolf's
25th birthday. Can't believe he is
now 30. WOW, getting old
there, boy. So excited for your
future as a married man. Love
you to the moon and back."

INFORMATION



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SOROPTIMIST PLEDGE



SOROPTIMIST
Best for Women

I pledge allegiance to
Soroptimist and to
The ideals for which
it stands:
The Sincerity of Friendship,
The Joy of Achievement,
The Dignity of Service,
The Integrity of Profession,
The Love of Country.
I will put forth my greatest
effort to promote, uphold,
and defend these ideals, for a
larger fellowship
in home, in society,
in business, for country
and for God.

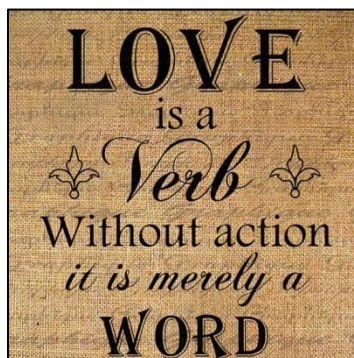
RIVERSIDELINES



EDITOR
Pam Bradford

DEADLINE
Submit articles and photos
by the 25th of each
month to Pam at:
pambradford@pamsemail.net

**HAPPY VALENTINE'S DAY!
THOUGHTS ON LOVE**



Only love gives us
the taste of
eternity.

JEWISH PROVERB

LOVE
IS AN ART
That ♥ Comes
FROM THE
Heart

Love
IS A SONG THAT
never ends

babble

"Love is
composed of a
single soul
inhabiting two
bodies."

ARISTOTLE

*let all that
you do
be done in
love.*

1 COR 16:18

Love life
and it will
love you back.

*Love is like the wind,
you can't see it,
but you can feel it.*

— Nicholas Sparks

Love is a fruit
in season at
all times, and
within reach
of every hand.

~Mother Teresa

Pin's Love Quotes.com

How you love
yourself is
How you teach
others to *love* you

OurMindfulLife.com

Love is a super power.
With love by your side you
can heal, grow, forgive,
move on, be moved,
inspire, dare.

Karen Jalmarova

WHAT IS
DONE IN LOVE
IS DONE WELL.

VINCENT VAN GOGH

MYDRAKE.COM

Love
is friendship set
on fire