

Happy Talk



S.I. San Bernardino
Golden West Region

September, 2019

Michelle Gomez, President
Gladys Weems, Editor
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Club Retreat a big success

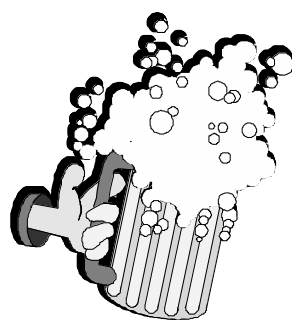
As we move into September I am excited for all we will accomplish this year together!

September always starts with Labor Day and back to school and as I am writing I am reminded of the struggles that young women and girls face everyday seeking continued education and employment.

I am proud of our club's continued commitment to help empower women and young girls through education, scholarships, service projects and more, both in our community and globally.

I am excited to begin our new year with our first business meeting, Thursday, September 5, 2019. SISB already has a lot planned for September/October—our annual yard sale, Fall Meeting and our 3rd annual Savor The Flavor Beer Fest. I know each event is going to be a great success as we all work together.

Thank you to all club members for your continued commitment as we help empower women and young girls to have resources and opportunities to reach their full potential and live their dreams.



Celebrate our
Beer Tasting

I'm looking forward to this new Soroptimist year; it is going to be amazing!

President Michelle

Imagine, Spark, Activate

Club Calendar

- 9-5 Business Meeting
- 9-21 Yard Sale
- 9-25 Board Meeting



Websites

- (SI) soroptimistinternational.org
- (SIA) soroptimist.org
- (GWR) goldenwestregion.org
- (SISB) sisanbernardino.org

Installation

July 12 was the date of the installation of officers, Directors and club delegates. Members, their families and friends of Soroptimist gathered at the club house of the former San Bernardino Country Club for a delicious dinner and a fun time. Gladys Weems installed the officers, et. al. with a theme based on their given names. She noted the origin of their name as well as what it meant. It was all in fun and admittedly

could be questioned as to the accuracy of the information. Who knew "Gladys" is of Welsh origin meaning "lame?" Everyone found this very amusing. (Well, maybe not everyone.)

Michelle selected Judy Holbeck as her choice for Soroptimist of the Year, noting her talents and her dedication to working on club projects.

Michelle also spoke on the club's achievements of the past year as well as the club's focus for the coming year. She expressed her gratitude on how well we work together and how much we accomplish. The members gave Michelle a beautiful necklace in appreciation for her leadership this past year.



- 9-20 Lupe Castaneda
- 9-29 Sheila Brown
- 9-30 Cathie Weber

Club Retreat

The club retreat was held in the Chamber of Commerce conference room on Saturday, August 10. Michelle decorated the room beautifully to reflect her love of sun flowers. She also arranged for a continental breakfast and a delicious lunch. Various topics were discussed relating to the club's plans for the new club year and the projects on the agenda. She also led the members through an exercise to help us to identify our personal style. All agreed that we are "Birds of Different Feathers" while learning about our strengths in teamwork, creativity and building relationships. The results were

spot on!

Angel Magallanes, C.A.S.E. Coordinator with the Coalition Against Sexual Exploitation joined us and spoke about human trafficking. She also brought many hand-outs. Even though we are aware of a problem, she made us realize it is closer to home than we might think. The County of San Bernardino has formed a coalition made up of law enforcement and social service agencies to coordinate their activities to capture adult offenders and how best to connect exploited youth to needed services. The goal is to empower victims to

leave their exploiter and to utilize opportunities to regain control of their life and future. The aim is to insure victims physical and psychological safety as well as ensuring their access to resources and services, including medical care, dental health care, substance abuse treatment, educational opportunities, job skills training, mentor/ advocates and more.

The members were eager to become more involved to work with C.A.S.E. to make better things happen.

Let's have a yard sale!

The members will be holding a yard sale on Saturday, September 21, at the home of Sheila and John Brown. It has been a good location for the club for many yard sales and it is our hope it will once again be a successful endeavor.

Start cleaning out the "stuff" that's been hanging around for a long time and has long outgrown its usefulness. Arrangements for deliveries to Sheila's home before the 21st will be announced. Members

are needed to set up the "merchandise" as well as to work the sales on Saturday. There is also some clean up involved in order to leave Sheila's garage looking like it did before the sale.

Old clothes, kitchen items, tools, furniture, household goods, yard items are just a few suggestions to get started on cleaning out the clutter of our lives.

It's always a fun day to work together and

perhaps shop a little for ourselves.

Everyone's participation is encouraged and needed!

Dollars and cents

Gladys, Michelle, Cathie, Barb and Lupe met at the Chamber on July 27 for the purpose of reviewing the Treasurer's accounting records.

Treasurer Lupe provided her records and was available to answer questions or clarify information as needed. The accounting records were subsequently found to be in balance and in good order and the report will be formally presented at the September business meeting.

At the Board's meeting on August 20, a proposed budget was prepared to present to the members at the September business

meeting for a vote on its acceptance. Advance information was sent to the members prior to the meeting for them to review and familiarize themselves with the proposal prior to the business meeting when it will be presented officially.

The club has had a unique serendipity offered to it with the donation of over \$20,000 from the closing of the YWCA's records. It will afford the members the opportunity to take care of some needed housekeeping such as purchasing a small lap top computer along with the necessary software for keeping the club's financial records in order and will be easily trans-

ferred from one Treasurer to another. The carryover monies for this club year are very substantial and the goal is to judiciously use these added funds by not going overboard in spending it too quickly. It is imperative that the members be aware the monies belong to the club and the members rely on the good judgment of all in carefully safeguarding the financial future of the club, while at the same time the members continue their focus on developing projects to earn monies in order to continue projects for empowering women and girls to achieve their dreams for a better life.



Making a Difference for Women

Soroptimist improves the lives of women and girls through programs leading to social and economic empowerment

S.I. San Bernardino
P. O. Box 1372
San Bernardino, CA 92401

President .. Michelle Gomez
Vice-President .. Gladys Weems
Secretary .. Judy Holbeck
Treasurer .. Lupe Castaneda
2-Year Director .. Barbara Cooper
1-Year Director .. Cathie Weber

Meetings

1st Thursday
6:30 p.m.

Our Lady of the Assumption School
796 West 48th Street
San Bernardino, California 92407

Ideas to Ponder

**“Write it on your heart that every day
Is the best day in the year.”**

—Ralph Waldo Emerson,
American philosopher and poet (1803-1882)

Committees

President Michelle distributed sheets listing the officers and delegates for the new club year along with a sheet assigning all members to fill various committee assignments. The club bylaws and standing rules define these assignments as well as the duties of each. If a member is unclear about any of her appointments, please ask the President for clarification. The goal is to distribute the work as equally as possible among all members. Some positions are ongoing while others may be more focused during a specific time period. In addition, all members are expected to give full support for club projects. This in-

volves special job assignments pertinent to the project as well as selling tickets, donating prizes and sometimes food and attending when able to do so.

One committee that all members are urgently needed to work on is that of membership. Who do you know that would support the goal of helping women and girls? Are they someone you know to be reliable and willing to assume the position of holding an office, chairing a committee or serving on several committees? Are they interested in networking within the community? Are they willing to attend

meetings? Do they fully understand the need for dues and the financial obligations of being a member? Can they respect others differences? Don't be shy about asking and follow-up as needed. Some need a little more persuasion than others. Be willing to pin it down by offering to accept their dues and to help facilitate the paper work. They may well be waiting for an invitation to become a member, but don't know how to make it happen. It's up to the member to follow through.

Savor the Flavor

Plans for the 3rd beer fest is in the works. Who doesn't like to have a good time with good food and beverages and prizes and beautifully presented gift items to bid for? Tickets will be distributed very soon and members will need to hustle to sell to friends, family members, co-workers, neighbors, people you come in contact with at your dentist's or doctor's office, your insurance agent, or people you chat with at the hairdresser's and on and on. It

is set for Saturday, October 26, and will once again be in the Scottish Rite Temple. There will, of course, be beer along with wine and soft drinks and a delicious buffet. Members are also asked to donate an auction item. It can be presented in a basket or any unique holder. A list of suggestions has been sent to the members and now would be a good time to start putting that together. There will also be a silent auction with items of a lesser value

than the live auction items. Any questions can be directed to President Michelle.

The goal is to earn a higher amount of money for club service projects than before. It takes everyone's participation to achieve this success and it will all serve a worthy effort to help finance our service projects.

District 1 Fall Meeting

The Call for the District 1 Fall Meeting has been received and President Michelle has forwarded it to the members. It is scheduled for October 4-5, 2019, at the Silver Lakes Equestrian and Sports Park in Norco. District Director Debra Murphy has arranged and worked with the host club, SI of Corona, to present an interesting, fun and educational event.

SI of Corona has scheduled a service project for their club on Friday night and are offering a special rate to those who are also registered to attend the Fall Meeting on Saturday. It is a "Chocolate, Wine and

Jazz" event. What's not to like about any of that?

The Fall Meeting will be called to order on Saturday morning. Registration begins at 7:45 a.m. and a continental breakfast starts at 8:00 a.m. Call to Order is at 8:30 a.m.

All the information you will need is included in the Call. Registration is by club; therefore, the members will sign-up on one sheet with a check payable to the club for your charges. The Treasurer will send the registration sheet with a club check

for the members of our club and mail to meet the deadline of September 13, 2019. Michelle has asked for this information at our September meeting. If you cannot attend the business meeting, please advise her ASAP re: your intentions for attending the Fall Meeting.

We must allow Treasurer Lupe enough time to compile the information in order to mail it in time to meet the September 13 deadline