

Happy Talk



S.I. San Bernardino
Golden West Region

October, 2019

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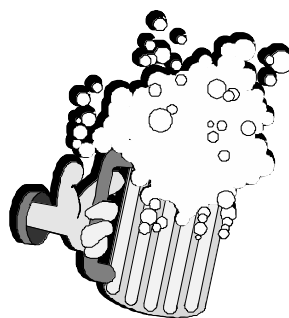
We are so cool!

HAPPY FALL Y'ALL! I love this time of year, from the change of weather to the falling leaves, fall decorating and pumpkin spice. This season also reminds me of harvest time and beautiful sunflower fields.

As I am writing this I am reminded of our club's theme—**Imagine/Spark/Activate**. I shared this at my first President's Retreat. I **Imagine**, that I have a beautiful sunflower fields. My **Spark** is that I have to plant sunflower seeds. To **Activate**, I need to tend to my sunflower field. I need to make sure it is getting sun and water and put in time and effort for it to flourish and bloom. As Soroptimists we ask ourselves what do we imagine ourselves doing in our club; what is our spark and purpose, what is near and dear to our hearts, how do we

activate our dreams to bloom and flourish. I feel we are already off to a great start of a new Soroptimist year. I can't wait to see what we will all accomplish working together as we **Imagine, Spark and Activate** our dreams.

September/October is in full motion. We started back to our monthly meetings and making a new budget for 2019/2020. Last Saturday (9/21) We held our annual SISB yard sale. We had a lot of fun and it was a great success! Thank you to Sheila Brown for hosting the sale and to all SISB members for all your help!! As October is nearing, we are looking forward to attending the 2019 Fall Meeting hosted by SI Corona. On Saturday, October 26, SI San Bernardino will host our 3rd annual Savor the Flavor



Savor the Flavor!

beer event, our biggest fundraiser of the year. Please see our event flyer on our facebook page, SISB San Bernardino.org and on the Golden West Region website. We would love for fellow Soroptimists to attend.

"What do dreams know of boundaries?" —Amelia Earhart

President Michelle

Imagine, Spark, Activate

Club Calendar

- 10-3 Founder's Day Business Meeting
- 10-4/5 District 1 Fall Meeting
- 10-22 Board Meeting
- 10-26 Savor The Flavor Beer Fest



Websites

- (SI) soroptimistinternational.org
- (SIA) soroptimist.org
- (GWR) goldenwestregion.org
- (SISB) sisanbernardino.org

Dates to remember

- | | |
|----------------------------|--|
| 12-16-19—Holiday Auction | 5-14-20—Awards Dinner |
| 12-12-19—Ornament Exchange | 5-28-20—GWR Spring Conference, Flagstaff, AZ |
| 3-7-20—WINGS | 7-22-20—SIA Convention, Bellevue, Washington |

Watch for flyers with more detailed information. Other events will also be promoted when definite dates are established.

Happy Birthday

- 10-3 Soroptimists
- 10-19 Gladys Weems
- 10-24 Christy Elshof

Founder's Day

Soroptimists throughout the world celebrate Founder's Day on October 3. The first Soroptimist club was in Oakland, California and chartered on October 3, 2021, and was called the Alameda County Soroptimist Club. Their first president was Violet Richardson. Later, when a separate Berkeley Club was formed, the name of the first club became the Oakland Club. Much has changed over the past 98 years as Soroptimist has grown into an international organization. There are currently 4 Federations (SIA, SIE, SIGBI

and SISWP). Plans are underway to celebrate the 100th anniversary in 2021. There are 75,000 clubs in 122 countries throughout the world. Members advocate for human rights and gender equality.

The San Bernardino Club is a member club of SI of the Americas and was chartered on March 28, 1947, making the club 72 years old. The members have always remained dedicated to our mission of helping women and girls to improve their lives and we look forward to continuing to do so. In

doing so, it takes work and dedication to stay strong. The key to success is a viable membership in order to have a sufficient number of members to carry out the work of the club. Currently a major focus for the club is increasing our numbers. New members are needed and each current member must work together to help our club grow.

District 1 Fall Meeting

Michelle Gomez, Judy Holbeck, Roberta Bamert and Gladys Weems will be attending the District 1 Fall Meeting hosted by SI Corona on October 4-5, 2019. The location is Silverlakes Equestrian and Sports Park in Norco. The theme is "Never Stop Dreaming." A "Chocolate, Wine and Jazz" event is scheduled for Friday evening. District 1 Director Debra Murphy, with the cooperation of the Corona club, has planned a day of learning, connection, reflection—and, of course,

laughter.

Saturday's call to order is 8:30 a.m. preceded by a continental breakfast at 8:00 a.m. Registration begins at 7:45 a.m. There will be presentations on a variety of subjects as well as club awards distributed. The keynote speaker will be Michael Hestrin, District Attorney, Riverside County. A panel presentation that piques your curiosity follows and the meeting will finish with a bid for the 2020 Fall

Meeting, raffle prizes and recognitions and announcements.

The estimated time to adjourn is 2:30 p.m. There will be a report of the meeting to the members at the November business meeting and a summary of the event will appear in a later issue of *Happy Talk*.

Come Savor the Flavor!

Members are wrapping up final details for the beer fest to be held at the Scottish Rite Temple in San Bernardino on Saturday, October 25, 2019. The time to be there is 6:30 p.m. for beer tasting and a delicious buffet prepared by Dickey's BBQ Pit on Northpark Boulevard, across from the University. Mike Gallo, auctioneer extraordinaire, will handle the live auction. Mike has a flair that makes it fun and at the same time encourages the bidding.

Three craft breweries will provide the beers to sample as well as a brief tutorial on crafting beer. They are Ritual Brewing Co., Main Street Brewery and 3 Iron Brewing Co. In addition to the beer samples, there will be wine and soft drinks available. There will also be a silent auction for those who shy away from live bidding. Thanks always to Christy Elshof for arranging the beer sampling with the Inland Empire Brewers Homebrew Club for hand-crafted beer. This will be the

3rd beer tasting event sponsored by the club and it promises to be a fun evening with friends, families, et al. The members are busy selling tickets and promoting the event as well as preparing for their individual assignments that evening. This is a major fund raising effort for the club and monies earned help to contribute to the club's service donations to the community. Any questions should be directed to President Michelle. Let's see every member at the event!

Debbie Reul

May 12, 1954 - February 19, 2019

A long time member of the Soroptimist club, Debbie Reul, recently passed away. Debbie served on many committees as a chair and a committee member as well as an officer on the Executive Board. She held the office of President for 2 terms, 2000 / 2001 and 2001 / 2002 and again for 1 term for 2007 / 2008. She was thoroughly dedicated to the Soroptimist mission and willingly took on many assignments. When Debbie first served as President she brought a new idea to the Board to consider for a new service project. Her suggestion was for a workshop type of event for young girls to give them the basis for proper etiquette, appropriate dress, grooming tips, tips on courtesy, etc. The Board members brainstormed her idea and a plan was developed to present to the members for their consideration and approval to proceed. Debbie had also envisioned a logo or brand to identify the project and butterflies came to mind. From this we settled on an acronym of WINGS which stood for Women Inspired to Nurture Girls to Succeed. Thus the WINGS project was born and has been an event of the club for many years. It has changed and developed into the one-day workshop we hold today from a series of

meetings with students who volunteered to attend in a classroom at one of the local middle schools for a once a week workshop after the school day ended. The subjects varied from makeup, how to handle money, color pallets, nail care, proper dress, writing thank you notes, etc. The club has since linked it to the Dream It, Be It program of SIA and the date each year is on the first Saturday of March which was originally designated as a Soroptimist Saturday of Service for clubs in the Region. The SOS project grew to include clubs in the Federation and our WINGS program has become an extension of the Dream It, Be It project of SIA.

We have Debbie to thank for her legacy to our club. When she retired from her job at the Automobile Club, Debbie wanted to pursue some activities that she hadn't been able to fit into her work schedule along with the various volunteer projects she worked with in the community. Golf was a major choice and she avidly pursued her game following her retirement. Unfortunately she made the decision to step away from her Soroptimist membership. However, she kept an active life style at a more relaxed pace and continued to support our

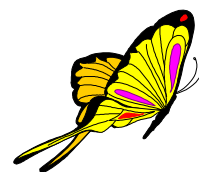
club's events. She enjoyed her family and was a dedicated mother to her daughters who the members will remember their attending the club's Victorian Teas.

Debbie passed on February 19, 2019, after a brief illness which developed suddenly approximately 4 months prior. A memorial was arranged for her by her family and the club's Historian, Sheila Brown, represented the club with her comments that she was "one of a kind." She lightened the mood wherever she was and impressed everyone with her cheerfulness, her love of her family as well as her passion for life and her golf. She was always fun to have around.

A handout at her memorial says it best,

"There is nothing truly more artistic than to love people."

—Vincent VanGogh



Trivia you might not know

Fall Shopping Sprees

The obvious reason that fall is a season of manic clothes-buying is that students return to school in September, and whether they are six or twenty-six, they want to impress their friends with their new finery. The back-to-school wardrobe has thus become as much a fixture in late-summer advertising as have pleas to stock up on lunchboxes and spiral notebooks.

There may be more than commercial logic to this. For well over 90

percent of our time on this planet, we hominids lived as slowly migrating hunter-gatherers.

Throughout our long Stone Age prehistory, and especially during the ice-bound Pleistocene, protection against the savagery of winter depended on an ample supply of warm garments, and signs of approaching winter, such as the falling of leaves, might easily have triggered our brains to step up our attacks on fur-bearing mammals. Although merchandising and peer pressure have done their part to

make the fall shopping spree a routine event, it may be that the prototypical objects of September's acquisitiveness were not Izod alligators but the local habitat's woolliest looking cave bears.

From "Curious Customs" by Tad Tuleja





S.I. San Bernardino
P. O. Box 1372
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President .. Michelle Gomez
Vice-President .. Gladys Weems
Secretary .. Judy Holbeck
Treasurer .. Lupe Castaneda
2-Year Director .. Barbara Cooper
1-Year Director .. Cathie Weber

Mission Statement

Soroptimist is a global volunteer organization that provides women and girls with access to the education and training they need to achieve economic empowerment.

Meetings

1st Thursday
6:30 p.m.

Our Lady of the Assumption School
796 West 48th Street
San Bernardino, California 92407

Ideas to Ponder

Laughter is much more important than applause.

Applause is almost a duty.
Laughter is a reward.

—Carol Channing
American actress, singer
And comedian, 1921-2019