

### **JULY 2020**



### SI RIVERSIDE MEMBERS "TOAST THE NEW BOARD" ON JUNE 23, 2020

Soroptimist International of Riverside could not hold our annual 2020-21 Board of Directors Installation and dinner this year due to the coronavirus outbreak. Not wanting to begin the new year without recognizing our incoming president and her new board, we decided to hold a Zoom meeting to "Toast the New Board." We had 18 members watching on video or listening on their phones as we bid farewell to our 2018-20 outgoing President Vicki Hightower. After President's Vicki's "Year in Review," 2020-21 President Edith Gingerich spoke about her vision for the next year and her 2020-21 theme, "Uplifting Women Through Education." We then raised our glasses in a toast to incoming President Edith Gingerich and her new Board of Directors. It is an extraordinary time in history so we had to redesign our installation to meet the current situation to keep our members safe. It was a different kind of installation but it was also a very memorable celebration for everyone who attended.



 <u>EMPOWERMENT</u>: Women and girls are free to act in their own best interest.

free from discrimination.

- <u>EDUCATION</u>: Women and girls deserve to lead full and productive lives through access to education.
- DIVERSITY & FELLOWSHIP: Women from varied backgrounds and perspectives work together to improve the lives of women and girls.

#### 2019-20 BOARD OF DIRECTORS

PRESIDENT Edith Gingerich (951) 640-3881 edithg@earthlink.net

VICE PRESIDENT Melanie McKee (760) 586-3131 mckeemelanie4@gmail.com

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Debbie Ferraro (951) 212-2358 debbers813@aol.com

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#### SENIOR DIRECTOR Tillie Soliz (951) 285-9682

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JUNIOR DIRECTOR Ellen Clizbe (951) 321-9590 eclizbe@yahoo.com

#### SENIOR DELEGATE

Charlene Johnson (951) 907-0096 gracious135@yahoo.com

#### JUNIOR DELEGATE

Debra Steinmiller (951) 369-0817 dwchotro@sbcglobal.net

#### PRESIDENT'S MESSAGE



Edith Gingerich 2020-21 SIR President



As we move into our new year and reflect back on our 2019-2020 club year, we had some great successes and some heartbreaking disappointments to learn from.

We had a very successful Valentine Dessert Auction in 2020. Going forward, we don't yet know if we will be having a luncheon event or a virtual event for our very special 25th anniversary Valentine Dessert Auction. We were fortunate to have witnessed a virtual auction put on by another club and to learn that it was very successful financially so time will tell. Another of our big successes for 2019-2020 was having one of our Live Your Dream Education & Training Award winners, Liliana Sotelo, chosen to go to the regional level where she received an additional \$3,000 to help further her education.

Yet with the dreaded COVID-19 pandemic, this year our Salute to Service luncheon had to be postponed. The Chair and her committee persevered with great creativity and were able to deliver the monetary awards and certificates to the very deserving women and girls and are to be commended for their "out-of-thebox" thinking.

It's this kind of "out-of-the-box" thinking that we will need this year as we continue to endeavor to carry on our good works of uplifting women and girls and empowering them through education in uncertain times with COVID-19 looming over us.

Our biggest disappointment was having to cancel our Live Your Dream: Dream It Be It conference due to COVID-19. For many of us, this is our favorite event of the year. We commend the dedicated LYD committee who works tirelessly throughout the year to make it a great conference. But most of all, we all work hard for the 150 girls who love this event and come away truly inspired by the panelists and speakers. Not knowing if a live event of this size will be allowed, the committee may have to find alternate ways to do the event virtually. Many unknowns this year.

In closing, I'm proud to be a part of this creative and dedicated group of women and look forward to an exciting and productive year in spite of challenges we face while carrying out our good works.

> Edith Gingerich 2020-21 SIR President

### IMPORTANT NOTICE Please note that future meetings may be virtual Zoom meetings instead of in person at the church if the coronavirus pandemic still prevents larger groups from being together. We will continue to update you on what is happening. **JULY 2020** 7 BOARD MEETING 12:00 PM **First United Methodist** Church, Mary's Kitchen, 4845 Brockton Ave, Riverside **ZOOM MEETING** 14 BUSINESS MEETING -STRATEGIC PLANNING 12:00 PM to 2:00 PM **First United Methodist** Church, Koinonia Meeting Room, 4845 Brockton Ave, Riverside **ZOOM MEETING** 22- SIA 46th BIENNIAL 24 CONVENTION Virtual Online Experience 28 PROGRAM MEETING 12:00 PM First United Methodist Church, Koinonia Meeting Room, 4845 Brockton Ave, <del>Riverside</del> **ZOOM MEETING** 30 WORLD DAY AGAINST TRAFFICKING IN PERSONS

#### **AUGUST 2020**



- BOARD MEETING

   12:00 PM
   First United Methodist
   Church, Mary's Kitchen,
   4845 Brockton Ave,
   Riverside
- 12 INTERNATIONAL YOUTH DAY
- 7-8 <u>LEADERSHIP TRAINING</u> <u>RETREAT AND</u> <u>INSTALLATION OF THE</u> <u>2020-22 GWR BOARD OF</u> <u>DIRECTORS</u> Ontario Airport Hotel Ontario, California
- 11 <u>SALUTE TO SERVICE</u> <u>AWARDS LUNCHEON</u> Victoria Club (Tentative Date)
- 19 <u>WORLD HUMANITARIAN</u> <u>DAY</u>
- 26 <u>NATIONAL WOMEN'S</u> <u>EQUALITY DAY</u>

DATES TO REMEMBER



October 1-3, 2021 <u>SOROPTIMIST INTERNATIONAL</u> <u>CONVENTION</u> <u>100TH ANNIVERSARY</u> San Francisco, California

October 16-17, 2020 <u>GOLDEN WEST REGION</u> <u>DISTRICT 1 FALL MEETING</u> Chino Valley, California

## FOR YOUR INFORMATION

Soroptimist International of Riverside, a club in District 1 of the Golden West Region of Soroptimist International of the Americas, meets on the 2nd and 4th Tuesdays of each month in the Koinonia Room at the First United Methodist Church, 4845 Brockton Avenue, Riverside, from noon until approximately 1:15 PM.

Please arrive a little early so that we may begin promptly at noon. The 2nd Tuesday is a Business Meeting and the 4th Tuesday is a Program Meeting. Lunches are approximately \$16/each and can be paid on a yearly, quarterly or per meeting basis. For questions, please contact the SI Riverside Assistant Treasurer.

#### JULY 30, 2020 WORLD DAY AGAINST TRAFFICKING PERSONS



World Day against Trafficking in Persons is held on July 30th each year and is an annual event. People trafficking and modern day slavery is a massive worldwide problem with very few countries immune to human trafficking. The event by the United Nations is to raise awareness and increase prevention of that.

Thousands of men, women and children end up in the hands of

traffickers every year, often through being tricked and mislead to believe that they are being taken to work that will make their family better off, or through force, kidnap, or even through very poor families selling children in order to survive. There are many ways that people get caught up in trafficking but the result is the same, they lose their rights and identity and are used and abused. It is a global problem, an industry not far behind drugs and arms in terms of profit for traffickers.

Trafficked people are forced to work, often doing hard labor or prostitution, for no reward and usually have their identity and documents removed from them, are warned of terrible punishments if they escape and often they are taken to unfamiliar countries where they don't know the language and have no way of getting help. Some die and are never heard of again by their families and communities.

A global problem like trafficking needs a global solution, which is why the United Nations organized the World Day against Trafficking in Persons to raise awareness, encourage vigilance and gain support for prevention of human trafficking. It is also why they have produced a protocol to punish human trafficking and are hoping to implement this globally as well as an act to protect victims of trafficking.

#### SOROPTIMIST INTERNATIONAL OF THE AMERICAS



## 2020-2021 Key Messages

#### 1. <u>CHANGING FOR THE</u> <u>FUTURE</u>

SIA is changing for the future to be what our members say they want to be - an organization with more members, greater capacity to serve more women and girls who face obstacles and more recognition for our impact. This change requires working as one to fund and implement our brand unifying Dream Programs.

#### 2. <u>PROVIDING A POSTITIVE</u> <u>CLUB</u>

Experienced SIA clubs can grow and retain members by providing an engaging and civil member experience. Inviting and encouraging members to get involved on committees - or helping when they can if being on a committee is too much of a time commitment - is an ideal way to engage members. Making all members feel welcome bv hearing and responding to their feedback/ideas in a positive manner even if they are not feasible to implement helps to create a civil member experience.

#### 3. BRANDING SIA

When clubs and members are asked what they want most, they say - more members and greater recognition. The only way to accomplish this is by having a strong brand. We must be who we say we are and do what we say we do. That means all SIA clubs should implement our brand unifying Dream Programs which economically empower women and girls who face obstacles.

#### 4. 2021-2031 BIG GOAL

Our 2021-2031 Big Goal is to invest in the dreams of half a million women and girls through access to education. Our Dream Programs, which economically empower women and girls who face obstacles such as poverty, racism, violence or teen pregnancy, will be key. To achieve our Big Goal, we need to invest our resources in growing the impact of our Dream Programs and recognizing other club work that increases access to education for women and girls facing obstacles.

#### 5. DREAM PROGRAMS: OUR IMPACT

Through our Dream Programs, economically empower we women and girls who face obstacles such as poverty, violence or teen pregnancy. Soroptimist is a global volunteer organization that provides women and girls with access to the education and training they need to achieve economic empowerment and reach their full potential. Our Dream Programs help specific populations of women and girls and have a measurable impact. To increase the number of women and girls we reach and be better known for our work, we need to invest our resources in growing the impact of our Dream Programs.

#### 6. <u>HOW CONTRIBUTIONS</u> <u>SUPPORT OUR DREAM</u> <u>PROGRAMS</u>

By focusing our resources and fundraising efforts, Soroptimist will economically empower more women and girls. Clubs and members can help by:

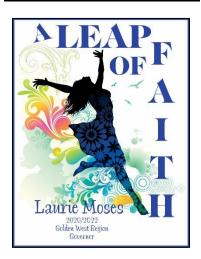
- Making Soroptimist your "cause of choice"
- Redirecting funds to support the Dream Programs
- Ensuring your club donates at least 10% to SIA of what's raised locally
- Delivering SIA's brand promise in order to attract outside funding.

#### 7. <u>COVID-19</u>

The COVID-19 pandemic has had a profound effect on SIA's members, clubs and headquarters operations. Funds were raised and offered to help ease the financial difficulties for our members and clubs that needed assistance. Headquarters developed a group of resources to help clubs and members carry on their mission related work while safe by staying physically distancing. Through dedication and innovation, we believe SIA will emerge from this crisis stronger than ever.

From Soroptimist International of the Americas Webpage: soroptimist.org

#### GOLDEN WEST REGION 2020-22 BOARD OF DIRECTOS



## WELCOME TO A NEW BIENNIUM

I am so excited to introduce to you the incredible women of the Golden West Region board of directors. We have started already to plan and strategize about the future of the Golden West Region going into our "Next Millennium" and we can't wait to share our ideas with you!

Please thank and congratulate every one of these extraordinary women on the region board for stepping up and taking the lead to guide our region effectively into the future, especially during these difficult times.

Our theme, "A Leap of Faith," is not intended to be a religious quote per-se but the idea that for almost 100 years we have worked tirelessly (and will continue to work) to further our mission and to have "faith" that our endeavors are impacting the women and girls whose lives we are striving to improve and empower.

> Laurie Moses 2020-22 GWR Governor





<u>GOVERNOR</u> Laurie Moses, SI Parker



<u>GOVERNOR-ELECT</u> Margie Burke, SI Phoenix



<u>TREASURER</u> Liz Glowka, SI Palm Springs



<u>SECRETARY</u> Pat Box, SI Moreno Valley



DISTRICT 1 DIRECTOR Deb Murphy, SI Corona



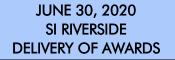
DISTRICT 2 DIRECTOR Sam Dewing, SI Palm Springs



DISTRICT 3 DIRECTOR Carol Mandino SI Arizona Peaks



DISTRICT 4 DIRECTOR Sally Haslett, SI Desert Tucson



During the coronavirus pandemic, Soroptimist International of Riverside was honored to personally deliver our \$2,000 Dream It Be It Scholarship to SAMANTHA GUTIERREZ:



Samantha (center) is with Paula McCroskey, Salute to Service Committee Chair (right) and Chris Deviny, Dream It Be It Scholarship Chair (left).

The Dream It, Be It Scholarship was established in 2014. It is a monetary award given to a high school senior who attended our "Live Your Dream: Dream It, Be It" Conference in her AVID (Advancement Via Individual Determination) middle school years.

JULY 14, 2020 STRATEGIC PLANNING MEETING



## 2020-2021 STRATEGIC PLANNING

SI Riverside will hold our 2020-21 Strategic Planning discussion on Tuesday, July 14th, at our Zoom business meeting.

Nonprofit strategic planning is the process of identifying elements of a blueprint that will help organizations accomplish its goals. It requires the organization to create goals and objectives, then to make decisions about how you will reach those goals and objectives.

To do this, we will be discussing all club activities planned for 2020-21 including fundraisers, service projects and awards. We will also discuss how the environment of the COVID-19 pandemic could affect each one.

This is also the time where we can discuss any new projects or awards that the club would like to work on.

We will be scheduling two one hour Zoom meetings back to back starting at noon on July 14th and ending at 2:00 PM so we will have enough time to cover all of the agenda without rushing.

An agenda will be sent out prior to the meeting so you can gather your thoughts before the meeting.

This is a very important meeting to plan our next club year so please do your best to be available for as much of the two hour meeting as you can.

#### AUGUST 7-8, 2020 LEADERSHIP TRAINING RETREAT



#### SAVE THE DATE August 7-8, 2020 LEADERSHIP TRAINING

#### "BREAKING ALL BARRIERS"

The Leadership Training Retreat agenda is targeted for all the newly elected club leadership but it is open to all members.

This will be our first meeting where we can all get back together in 2020. Leadership Training will be held at the Ontario Airport Hotel in Ontario, California. Prices are as follows:

#### REGSTRATION \$30

<u>HOTEL</u> \$124.20/NIGHT INCLUDING TAXES

> FRIDAY DINNER \$50

#### <u>SATURDAY LUNCH</u> \$29

#### SATURDAY DINNER INSTALLATION OF GWR BOARD OF DIRECTORS \$53

The Golden West Region Board of Directors has decided to conduct the GWR new board installation on Saturday night, August 8th. There is a rumor that there will be a small silent auction at this "Pretty in Pink" party.

If you don't live in the area, airfares are really inexpensive right now. Of course, we will watch the CDC and SIA recommendations closely and make adjustments as required.

Full details will be released soon.



SI Riverside adopted the Luther House in Riverside in 2016 and has continued over the years to provide little extras to help the young ladies in their educational journey such as household supplies, hot meals, groceries, gift cards, holiday baskets and letters of encouragement.

Here are some facts about the Inspire Life Skills Training program:

About

Inspire is a private, nonprofit organization that was founded in 2005. Their goal is to create a safety net for emancipated foster youth while they transition into young adults and to help them break the cycle of abuse and poverty of their past. They aim to help every student earn a vocational certificate or degree and to learn valuable life skills to become self-sufficient.



Inspire exists to break the cycle of abuse and poverty through stable housing, education, training and mentorship of foster and homeless youth.



Inspire's vision is to create a future where all youth continue to use the tools provided to make productive, self-sufficient and positive life choices.

Values

- Meet the physical, emotional and spiritual needs of youth aging-out of the foster care system.
- Give former foster youth encouragement and accountability to increase

their ability to fulfill their goals and dreams.

- Inspire is founded on Judeo-Christian values and strives to show the love of the Lord to every individual we work with including the youth and volunteers.
- Stretch our funding dollars through seeking in-kind donations and volunteer services.
- Be good stewards of the funds we receive and the time that people give.

HABITAT FOR HUMANITY UPDATE ON WASHER-DRYER RECIPIENT



In January 2015, a group of SI Riverside members helped to paint Sheena Hidey's new Habitat for Humanity home after which we presented her with a washer and dryer from the club. Kathy Michalak, Director of Habitat for Humanity Riverside, has provided a 2020 update on Sheena:

"SI Riverside members may not know this, but single mom Sheena Hidey actually just finished her first year at RCC to get her nursing degree and she had great grades. Sheena is a mom of four who was living in a safe house after leaving an abusive relationship. She was, and still is, working as an administrative person with Operation Safe House of Riverside County but knows she can provide more for her family if she gets her degree so she's doing it. That's what a hand up like Habitat can do. When a family has a safe, decent, affordable place to live, it relieves

so much stress on the family. I am so thankful that SI Riverside helped Sheena get the right support to make life better for her and her kids. And I can't wait to celebrate when she gets her degree."

Five years after helping Sheena, this update really shows that SI Riverside's efforts really made a difference in her life.

The good news is that the club will be reactivating the "HelpHers" program with Habitat for Humanity with the intention of helping to paint more homes for single mothers in addition to giving a washer and dryer to a Habitat single mom.

Thank you to Jana Cook who has agreed to once again chair the "HelpHers" committee.

Photos from January 2015:



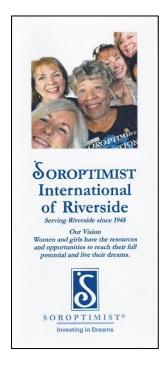








#### SI RIVERSIDE'S NEW BROCHURE IS HERE



Soroptimist International of Riverside's beautiful club brochure is now available for distribution. The new brochure contains descriptions and photos of our current service projects and awards, our Soroptimist story and pertinent club information.

Always have a supply of our brochures on hand to give out to all potential new members and others who support our club.

Copies of the brochure were mailed to each member. However, if you need additional copies, please contact SI Riverside member Ellen Clizbe.

SOLT Soroptimist Orientation and Leadership Training

Soroptimist Basiçs

# *Soroptimist* [suh-rop-tuh-mist]

**NOUN.** A global volunteer network of women working to improve the lives of women and girls.

Best for women. What the organization strives to be—women at our best, helping other women to be *their* best.

# Who We Are

Soroptimist International, which consists of 4 federations including Soroptimist International of the Americas, is a global volunteer organization that helps to provide women and girls with the resources and opportunities they need to reach their full potential and live their dreams. Our network of over 75,000 club members in 122 countries works at a local, national and international level to Educate, Empower and Enable opportunities for women and girls. The name, Soroptimist, means "best for women" and that is what the organization strives to achieve

## What We Do

The Soroptimist mission is to improve the lives of women and girls by providing them with access to the education and training they need to achieve economic empowerment. Soroptimist does this through the implementation of our Dream Programs. Soroptimist members belong to local clubs, which determine the focus of volunteer work to their communities and their participation in region, federation and international programs and projects.

# Why We Focus on Women and Girls

It's true that both men and women live in poverty, face discrimination and must overcome obstacles but throughout history in every country in the world women and girls face additional obstacles and discrimination solely because of their gender. Consider the following:

 One in three women have been beaten, coerced into sex or otherwise abused in their lifetime.

- According to a recent report, of the 600,000-800,000 people trafficked across international borders annually, 80 percent are female.
- Women work two-thirds of the world's working hours but earn only 10 percent of the world's income and own less than 1 percent of the world's property.
- Two-thirds of the 880 million illiterate adults are women.
- Of the more than 110 million children not in school, approximately 60 percent are girls.

#### JULY BIRTHDAYS



TILLIE SOLIZ – 3<sup>RD</sup> CAROLINE LEACH – II<sup>TH</sup> PAM BRADFORD – 19<sup>TH</sup> JANET PAYTON – 28<sup>TH</sup>

JULY CLUB MEMBERSHIP ANNIVERSARIES



Caroline Leach 7-2-1990

Ellen Clizbe 7-14-2009

Susan Exon 7-1-2016

Debra Steinmiller 7-9-2019

#### MEMBER MOMENTS ON FACEBOOK





<u>Pam Bradford</u> posted: "Remembering my dad, Richard Van Tine, on this Father's Day!"



<u>Ellen Clizbe</u> was tagged in a post by Kari Clizbe Haloviak: "So this is happening today! Mama needs tearproof makeup. Tune in to our celebrations at 9 AM this morning and the main event at 7 PM tonight."



<u>Jana Cook</u> posted: "Murray has found his place in the shade where he can watch over his flock in the pool."



<u>Chris Deviny</u> was tagged in a post by Dawn Deviny Donatoni: "Traditions must persist. Our annual end of school Starbucks run, quarantine style. The girls made it through the rest of the school year with social distancing, online learning and pajamas being the standard. Proud of how they adapted and stayed engaged with all of the uncertainty, multiple platforms and Zoom calls. Welcome summer!"



<u>Edith Gingerich</u> shared a memory from 9 years ago: "Trysten, grandson, 6th grade graduation."



<u>Jeanne Hatcher</u> posted: "Picking plums and lemons. Peaches will be ready soon."



<u>Paula McCroskey</u> posted: "Dinner tonight at Victoria Club. So much fun to be out with friends. I've felt like a shut-in for the past few months. Great food, socially distanced seating, lots of laughter."



<u>Melanie McKee</u> shared a cute post by the San Diego Humane Society.



<u>Annamarie Megrdichian</u> posted: "I am reminded daily that my dad isn't here with us to share our days and physically be part of our lives. I am thankful for the special time we had with him and have no regrets about his care and his love of life. Happy Father's Day!"



<u>Kathy Michalak</u> posted: "Had a little fun with our Hawaiian shirt day today. Jenny Kidd-

Humphreys and Modesta Valdez helped me replicate the see no evil, hear no evil, speak no evil monkeys."



<u>Michelle Paradise</u> posted: "I love this man so much I married him twice nine years ago. Happy Anniversary."



<u>Kathleen Parra</u> posted: "Last stop and walk at Santa Barbara pier. Peace."





<u>Janet Payton</u> posted: "Love my helper. He is making capris salad."



Honorary Member <u>Judy Pekarek</u> shared a funny post by Jus' Saying.



<u>Karen Roberts</u> shared a photo of an art display at the Fox Theater posted by Michael J. Elderman.



<u>Linda Robertson</u> posted: "Happy Father's Day to my dad, Reuben Roy Hechter. You showed me the meaning of class. I'll always be your little girl. Loving and missing you. You left us too soon."



<u>Lynn Scecina</u> posted: "On the left is the total plum crop this year. Yes, one, so no new jam. On the right my small by mighty peaches are ripening fast so cobbler will be coming."



<u>Tillie Soliz</u> was tagged in a post by Carla Soliz Zornes: "Happy heavenly Father's Day to the best dad a girl could have."



<u>Carol Allain Speer</u> was tagged in a post by Kristina Venski Shively: "Hanalei Rai Shively was born on June 23rd at 1:50 PM. (Mommy & Daddy's 2nd Anniversary.) She weighted in at 6 lbs. 4 oz. and 18.5 inches long. Everyone is happy & healthy! We can't believe this sweet angel is ours!"





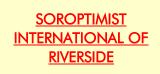
<u>Kacey Sutton-Davidson</u> posted: "Happy Father's Day!"



<u>Susan Wolf</u> posted: "Loving the deep pink color."

#### INFORMATION





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EMAIL ADDRESS: siriverside@soroptimist.net

<u>WEBPAGE</u> www.soroptimistriverside.org

<u>FACEBOOK</u> Soroptimist Riverside CA

> INSTAGRAM soroptimistriversid<u>e</u>

<u>LINKED IN</u> www.linkedin.com/company/sor optimist-international-of-riverside

#### **GOLDEN WEST REGION**

WEBPAGE www.goldenwestregion.org

<u>FACEBOOK</u> Soroptimist International Golden West Region

#### SOROPTIMIST INTERNATIONAL OF THE AMERICAS INC.

1709 Spruce Street Philadelphia, PA 19103-6103

> WEBPAGE www.soroptimist.org

<u>FACEBOOK</u> Soroptimist International of the Americas

#### SOROPTIMIST INTERNATIONAL

8a Romsey Terrace Cambridge, CB1 3NH United Kingdom

WEBPAGE www.soroptimistinternational.org

#### SOROPTIMIST PLEDGE



I pledge allegiance to Soroptimist and to The ideals for which it stands: The Sincerity of Friendship, The Joy of Achievement, The Dignity of Service, The Integrity of Profession, The Love of Country. I will put forth my greatest effort to promote, uphold, and defend these ideals, for a larger fellowship in home, in society, in business, for country and for God.

#### RIVERSIDELINES



EDITOR Pam Bradford

DEADLINE Submit articles and photos by the 25th of each month to Pam at: pambradford@pamsemail.net

#### THOUGHTS ON HAPPINESS



"HAPPINESS IS WHEN WHAT YOU THINK, WHAT YOU SAY, AND WHAT YOU DO ARE IN HARMONY."

- MAHATMA GANDH



©Lifehack

"Happiness is letting go of what you think your life is supposed to look like."

GH

BEING HAPPY DOESN'T MEAN EVERYTHING'S PERFECT. It means you've Decided to look beyond the imperfections THE HAPPINESS OF YOUR LIFE DEPENDS UPON THE QUALITY OF YOUR THOUGHTS. MARCUS AURELIUS



THERE IS NO PATH TO HAPPINESS: HAPPINESS IS THE PATH. BUDDHA



HAPPINESS CANNOT BE TRAVELED TO, OWNED, EARNED, WORN OR CONSUMED. HAPPINESS IS THE SPIRITUAL EXPERIENCE OF LIVING EVERY MINUTE WITH LOVE, GRACE, AND GRATITUDE.

DENIS WAITLE

lifehack

### HAPPINESS IS NOT A DESTINATION. It is a method of life.



