Happy Talk



S.I. San Bernardino Golden West Region

March, 2020

Judy Holbeck, President Gladys Weems, Editor gladweems@roadrunner.com

You can't stop the waves, but you can learn to surf...
Surfs up!

Hitting the Waves

With the planning retreat setting the circuit of events for the year, we pack our car with all the beach essentials - chairs, towels, umbrellas and sunscreen. So excited for us to grab our surf boards! Our year has barely started and we've already hit the beach running.

A huge THANK YOU to Michelle and Emily for chasing down the first wave to get us going with virtual meetings. It's been a tremendous relief to me that our members can surf from home. And another big THANK YOU to Emily for hanging ten with us, creating our new instagram and establishing our g-mail. This new (to us) technology along with Roberta jet skiing us to the big wages of our Facebook

page will boost our ability to get our message spread, our members connected and our followers engaged.

I also look forward to the changing tides; they will always bring something new ashore. Welcome to our newest members, April Callison, Emily Lopez and MaryAnn Quiggle. So happy to have you all join the team. We'll get you a wet suit (new member handbook) and a SISB board (a committee assignment) to help you teach young girls and women how to ride the waves. I keep this poem on my refrigerator to fight my fear of riding the big wave. I thought I'd share it in case anyone else has the same reservations:



You can't stop the waves, but you can learn to surf... Surf's up!

THE DREADED TASK I found the task that I dreaded so Was not so difficult when once begun, It was the dread itself that was the foe.

And dread once conquered means a victory won.

—Author Unknown

President Judy

Club Calendar

9-3 Business Meeting

9-11 Installation

9-22 Board Meeting



Websites (SI) soroptimistinternational.org

(SIA) soroptimist.org

(GWR) goldenwestregion.org

(SISB) sisanbernardino.org

District 1 Fall Meeting

Every October the 4 Districts in the Region each hold a Fall Meeting. The respective District Director is responsible for setting the agenda and arranging for the program. Clubs in the District bid for the opportunity to host the meeting at a location in their club area. As they say—the

best laid plans.....
Due to the pandemic we are endeavoring to get past Soroptimists have found it necessary to be flexible.
This year we are going virtual. District 1 is scheduled for October 16 and 17.
Friday night will be a "social" with fun activities

and Saturday morning will be a learning session and training and awards. The theme is "20/20 Vision... clarity and focus for remaining impactful in an ever changing virtual world." Watch for details to be available soon.

Happy Birthday

9-20 Lupe Castaneda

9-29 Sheila Brown

9-30 Cathie Weber

Club Retreat

The club's annual retreat was held in the conference room of the Chamber of Commerce on Saturday, August 15. Five members attended in person and 4 attended via virtual arrangements. Filled beach buckets with lots of goodies were available for each member along with a table of snacks and beverages. Lunch was provided by Dickey's BBQ and each was able to order individually. (Yum!) A full agenda addressed the club's events that have been scheduled annually and the impact the COVID will have this year.

Members discussed some cancellations as well as possibly doing them a different way. Virtual (you will hear that a lot!) gettogethers have become a common occurrence and allow for those who prefer not to meet publicly to still be included.

Those who do attend in person are diligent in observing safety rules by wearing a mask and maintaining a social distance. Some of the discussion was about our service projects and the impact that the safety rules could have on how we earn money as well as how we will distribute the awards.

There was also discussions on committee assignments, membership, recruitment, etc. It was concluded that with some changes (mostly temporary) it is possible to meet the challenges.

Creativity and flexibility is the key.

Membership

Like all clubs, membership is always in a state of flux. We gain some and we lose some. The goal is to gain more than is lost. Beginning this club year there will be 3 additional members—2 new to Soroptimist and one a former member. However, the club is losing 2 members, giving us a net gain of 1. Barbara Cooper's membership ended on June 30. While she was a relatively new member, she was eager to get involved and was a strong supporter of the Soroptimist goals. Due to personal

needs, she did not renew her membership, but is still in touch and interested in supporting and participating whenever possible. It is hoped she will be able to reinstate in the near future.

Cathie Weber will be moving to Arizona in the Fall and will be transferring to an Arizona club. Cathie has been a member for 10 years, give or take. She has actively participated in the club's activities, serving as committee chairs as well as a

member. She's also served on the Board of Directors in several positions and was President for 2 terms from 2016 to 2018. During that time she guided the club through several changes to meet the needs of internet networking. She was also the glue which kept things moving and on track during a loss of several members. Her fun spirit and big smile will be missed. We'll look for her at Spring Conference!

Financial Report

A committee chaired by Gladys with members Michelle Gomez and Judy Holbek met in August to review and audit the financial records of the club. Treasurer, Lupe Castaneda, also attended to help with information that might need clarification. The report of the committee will be presented at the September business meeting and it will reflect their findings that the records were in order and balanced with the bank's records.

At the Board Meeting in August, they developed a budget for the new fiscal year to be presented to the members at the

September business meeting. A copy of their proposal will be e-mailed ahead of the business meeting to allow for each member to familiarize herself with the proposal in order to be better prepared to discuss at the business meeting and subsequently to vote on it as proposed or with amendments that may be passed.

Every effort was made to enact a budget that is workable and reasonably able to adapt to the club's available resources. Due to the COVID situation, the committee worked diligently to consider whatever adjustments would be in order to best meet the current needs and abilities of the club. Budgets are a guide to anticipated spending. However, they can be adjusted or amended as the year progresses to keep current with the financial needs.

The members should be aware that it is important that the club act as responsible guardians of the funds available to the club.

Good dollars and sense!

Meetings and Installation

It became necessary for the club to move to another location for business meetings due to the security needs of the Our Lady of Assumption School. As a result, the club will be meeting in the conference room of the Chamber of Commerce. As noted in some of the above articles, there have already been meetings at this location. The safety rules of wearing a mask and observing a good social distance is to be followed to keep all healthy and safe. This requires a limited number of people meeting together in an enclosed area

(suggested number is 10). The club has been able to combine in person attendance along with virtual attendance. Some members have serious concerns about personal gatherings and this allows for their participation. This is only temporary. Patience is important, knowing that eventually all things will come to a more acceptable norm.

The installation has been delayed, but a date of Friday, September 11, has been set. It will be at President Judy's home on a

lawn area and the club is asking for a limited attendance which will only include members. Members of Judy's immediate family will be included.

A catered dinner will be furnished and it should be a nice occasion. Cathie has agreed to be the installing officer.

Watch for the flyer with more details.

Changes to Telephone Area Codes

Due to increasing requests for phone numbers in the 909 area code, the telephone company will be adding another area code number as an overlay to the existing 909 area. The new number will be 840. This will not result in any changes for long distance service other than what currently exists. Anyone calling from a land line phone in the 909/840 area will be required to dial the following when calling a 909 or 840 area code number: 1 + area code + 7

digit number. Callers are encouraged to start this procedure now to become accustomed to it prior to the official start date of January 23, 2021. If a caller fails to dial the 11 digits, a recording will remind the caller the call cannot be completed without dialing the 11 digit number.

This will not affect a call to 911 or other 3-digit numbers. Nor will it be required that a call placed from a cell phone use

the 11 digit dialing procedure. However dialing 11 digits from a cell phone will connect you with the party you are calling. Current numbers will remain the same as well as the price of a call, coverage areas, and other rates and services will not change. Programmed numbers into a phone may need to be changed to include the 11 digits of the new number as well as stationery and business cards.

Challenges of Today

It often seems like our world has been turned upside down and inside out with what is going on around us. Turmoil can be very stressful making it especially important to keep things in perspective. We may have to adjust some things we do and how we do them, but some things are not as affected. No one can predict the future and this future was certainly not something most of us would have anticipated. But it is a reality and the best recourse is to remain calm and analyze how we can each adjust our habits and our daily routines to

be able to stay safe, healthy and focused.

Things will get better even though it may not be possible to know exactly when. We've all learned new things from our situation that we never envisioned we would be doing or even know what it is. Some good always comes out of bad times. Stay positive - be creative - appreciate what is still good and most of all be happy!

"Life has a way of testing a person's will, either by having nothing happen at all or by having everything happen at once,"

-Paulo Coelho, Brazilian novelist

"The most wasted of all days is one without laughter."

— e.e. cummings, poet (1894-1962)



S.I. San Bernardino P. O. Box 1372 San Bernardino, CA 92401

President .. Judy Holbeck Vice-President .. Roberta Bamert Secretary .. Gladys Weems Treasurer .. Lupe Castaneda 2-Year Director .. Michelle Gomez 1-Year Director ..

Mission Statement

Soroptimist is a global volunteer organization that provides women and girls with access to the education and training they need to achieve economic empowerment.

Meetings

1st Thursday 6:30 p.m.

San Bernardino Chamber of Commerce 546 West 6th Street San Bernardino, California 92410

Ideas to Ponder

Life is too short to get bogged down and be discouraged. You have to keep going. Put one foot in front of the other, smile and just keep on rolling.

—Kobe Bryant, five-time NBA champion, 1978—2020